



Instructions for use

1. Prepare

Rinse the germinator with cold water. Put the germinator in a bright, warm place where it stands level on all sides. Avoid direct sunlight. The little red drainage siphons must sit correctly, but not too tightly on the water drainage tubes.

2. Rinse

Rinse the seeds well in a sieve under running water before sowing.

3. Sow

Scatter a thin layer of seeds on the seed tray. Once sown with seeds, stack the trays one on top of each other so that the red drainage siphons are staggered and not directly above one another.

4. Water

Pour water into the top tray until the siphon cone is completely covered (min. 0.5 l) and the water starts to drain off. The individual sowing trays containing the seeds are now automatically watered in sequence. A small amount of water is left behind in each tray in order to provide ambient moisture, which is ideal for the seeds' growth. Once the water has flowed through the germinator, empty the surplus water tray and fill with a little fresh water – enough to cover the bottom.

5. Harvest

Harvest fresh, crunchy shoots and sprouts 3-7 days later.

6. Clean

All the objects used must be carefully cleaned (germinator, siphon cones, water container, spoon etc.), preferably using fruit vinegar and a soft brush. The germinator can be dishwashed (in the top tray, max. 85°C). Rinse with clear water and leave to dry.

At the beginning, note seed-related information such as sowing quantity and watering time in the seed table. You can then adapt these values depending on your own experiences.

For mucilaginous seeds such as cress: once the mucilage has started to form, only spray with fresh water.

Wash harvested sprouts before consuming. If not eaten immediately, they should be stored in the fridge (for no longer than 2-3 days).

